

Name Kolupis Sabah
(Sabah Kolupis
Glutinous Rice Cakes)

Country Malaysia

Date of registration*:
16/12/2016

*Registered for a term
of 10 years from
16/12/2016 to
16/12/2026



Source: LKN Sabah

Main characteristics/features

Kolupis or Kelupis is a traditional food of many ethnic communities that live on the west coast and interior of Sabah. It is made of glutinous rice wrapped in leaves. It is square- or rectangular-shaped and has a soft texture. The size of each kolupis depends on the size of the leaf used to wrap it. The size is fairly standard in the market, but each community had a slightly different technique.

Geographical area

Kota Kinabalu, Papar, Membakut, Beaufort, Kuala Penyu and Sipitang.

Production/processing

The process of making 'kolupis' is divided into two stages: cooking the rice followed by the process of wrapping and steaming it. The basic ingredients are coconut milk and glutinous rice. For the first stage, the glutinous rice is soaked prior and then drained. Coconut milk is then heated and brought to the boil. After this, the glutinous rice and coconut milk are cooked together until half-cooked. For the second stage, the glutinous rice is wrapped in leaves and tied using string called *lamma*. The rice is then steamed until completely cooked. The entire process takes 4 to 5 hours. It takes skill to produce kolupis that is delicious and of good quality.

Link between product and territory

Kolupis is mainly produced during festive seasons or celebrations like weddings and *Hari Raya*. In addition, kolupis must be served at *Mogouk* and *Momiliu* ritual gatherings. The art of making kolupis is a skill handed down from generation to generation in Sabah. Its uniqueness is in the selection of certain types of leaves used in the preparing of Sabah Kolupis, which is one of the signature recipes prominent in the state.

Publication in the Official Gazette

Competent authority Intellectual Property Corporation of Malaysia (MyIPO)

GI rights holder/GI association Sabah State Cultural Board

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Type of product Foodstuff/Confectionary

Control body

File number GI2016-00005

Websites www.sabah.gov.my/lks